

Science Based Nutrition™

Nutritional Therapy Validation Control Sheet

Patient Initials: BM 67 YO Male

High cholesterol in spite of taking several cholesterol lowering drugs simultaneously. Type two diabetes. Anemia from early kidney failure most likely caused by medication use. Stopped all medication at the beginning of SBN protocol. Values on left are best values with medication, values on right without medications.

Test	Date 8/18/09		Date 10/31/09	
Cholesterol	232	◇	151	Improved to normal
Triglycerides	679	◇	271	Improved towards normal
HDL	33	◇	32	Good cholesterol
%HDL	14	◇	21	Higher is better
Glucose	107	◇	89	Non diabetic range