

Real help for Baby Boomer Neck and Back Problems

How do you wish to age?

Anterior Head Syndrome (AHS): The computer age has helped us become much more efficient in our work and leisure, but not everything about the computer age is beneficial. After spending years of working on computers, our head and neck take on a new position. One that is not at all healthy. We call this Anterior Head Syndrome or AHS for short. Take a look at a patient with anterior head syndrome in figure one. Until recently, AHS was mistaken for poor posture. But the truth of the matter is that AHS is a structural problem in the joints and discs of the spine. Left uncorrected, AHS can cause the vertebrae to deform creating the "Granny's Hump" seen so often in aging patients' spines.

Figure #1. Anterior Head Syndrome develops after years of computer use, as a result of whiplash or from minor injuries in childhood. It is associated with headaches, neck and upper back tightness, carpal tunnel syndrome and the dreaded "Granny's Hump".



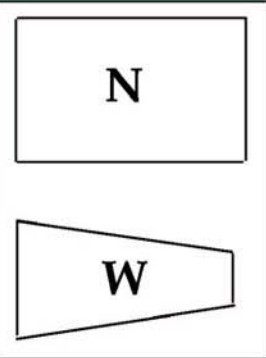
The process which leads to this hump deformity is more dire in women. This is because of the high risk of softening of bones, particularly the vertebrae, due to osteopenia and osteoporosis in women. Once the vertebrae change from a square shape to wedge shape, the hump formation becomes progressive and irreversible, see figure three.

We have developed a specialized program of spinal correction to reduce or eliminate anterior head syndrome before permanent changes occur in the spine. The results have been amazing.



Figure #2. Actual patient showing correction of AHS. Call us to find out how we helped her.

Figure #3: The normal square shaped vertebrae (N), versus the wedged shaped vertebrae (W) that develops due to prolonged uncorrected Anterior Head Syndrome. Once the vertebral body becomes wedge shaped the deformity becomes permanent.



Look at the lady in figure 2. She is an actual patient in our office. Notice how our techniques reversed her Anterior Head Syndrome. This eliminated her headaches and neck and shoulder pains as well. It will likely help her avoid the development of kyphosis, which is the technical name for the "Granny's Hump". She is not an isolated case from our files. If Anterior Head Syndrome is treated soon enough, before permanent tissue damage occurs, we expect most patients to achieve good, long lasting correction. Visit our website and you'll see, we don't just talk about correcting spines. We produce results that make a big difference for our patients. Go ahead and take a look. Seeing is believing.....

Let's talk a little more about the results our patients obtain....

We have helped our patients with some really difficult health care concerns. The results our patients obtain have been remarkable. They have been featured at medical conferences held at Johns Hopkins Medical School, they have been published in scientific journals indexed in the National Library of Medicine and have been seen on local FOX and ABC affiliate newscasts. Our patient's results have been that good! Our doctor is listed as a "Top Doctor" by Who's Who and the Consumers Research Council of America. He has post graduate education from Harvard, Johns Hopkins and the Mayo Clinic. He recently published a book on integrative neurology. Call us today to find out how you might obtain similar results with your health problems. Do it today, you'll be glad that you did.

**Kukurin Chiropractic Network
Appointment Line
623.547.4727**

Preferred provider for most insurance plans

To learn much more visit
<http://www.specialist-pages.com/az/chiro.htm>